

Approaches to Learning

- **Motivation to Learn:**
Curiosity, Initiative, Engagement, Perseverance
- **Executive Functioning:**
Working Memory (follows instructions, understands language), Impulse Control, Flexible, Adapts, Pays Attention
- **Goal-Oriented Learning:**
Problem-Solves, Collaborative Effort

Mathematics

- **Counting and Cardinality:** Numbers/ Numerals, Counting, One-to-One Correspondence, Recognizes Quantities, Subitizes
- **Operations and Algebraic Thinking:** Adds, Subtracts, Divides (share), Patterns
- **Measurement:**
Compares, Sorts/Classifies, Orders, Interprets Data
- **Geometry and Spatial Thinking:**
Identifying & comparing 2-D & 3-D Shapes, Lines & Pathways

Physical Development

- **Fundamental Movement Skills:**
Balance, Gross Motor, Fine Motor, Manipulative
- **Perceptual–Motor Skills and Movement Concepts:**
Body Parts, Directional, and Spatial Awareness, Positions in Space, Object Location
- **Active Physical Play:**
Participation, Cardiovascular Endurance, Strength, Flexible

Language & Literacy Development

- **Listening & Speaking:**
Vocabulary, Grammar, Language Use, Questions
- **Foundational Literacy Skills:**
Identifies Letters, Phonological Awareness (sounds, blends, rhymes), Concepts in Print
- **Reading:**
Interested in & Understands Stories
- **Writing:**
Writing Motor Skills, Writing to Communicate

Social & Emotional Development

- **Self:**
Confident, Understands & Regulates Emotions, Other Perspectives, Empathetic
- **Interactions and Relationships w/ Adults:**
Reciprocal Interactions with Adults, Seeks Support or Comfort, Copes with Departures
- **Interactions and Relationships with Peers:**
Cooperation, Conflict Resolution, Fairness & Respect, Develops Friendships

Sciences

- **Science and Engineering Practices:**
Observes, Compares, Questions, Predicts, Documents
- **Physical Science:** Properties of Nonliving Things - force, motion, light, sound
- **Life Science:** Properties of Living Things - body, habitats, growth
- **Earth Science:** Earth Materials & Objects - sky, land, weather, conservation
- **Engineering, Technology, and Applications of Science:** Engineering & Design Process, Use of Digital Devices

Health

- **Understanding Health and Wellness:**
Body Parts, Communicates Health Needs, Recognizes Boundaries, Nutrition, Physical Activity, Sleep
- **Health and Safety Habits:**
Basic Hygiene, handwashing, brushing teeth, sun safety, injury prevention



History-Social Science

- **Social Inquiry Skills:**
Observes & Asks Questions, Communicates Ideas about Their World
- **Self & Social Systems:**
Self-Identity, Awareness of Social Rules
- **Civic Mindedness:**
Includes Peers, Contributes to Group, Collaborative Problem-Solving
- **Time, Continuity, and Change:**
Understands Time, Describes Personal Changes, Recalls Past Events
- **Sense of Place and Environment:**
Navigates, Identifies, Gives Directions, Draws Maps, Cares for World
- **Economic Systems:**
Awareness of People at Work, Understands Exchange

Visual & Performing Arts

- **Visual Arts:**
Engages, Develops Skills, Creates (mixes colors, describes creations, 2-D & 3-D), Invents, Expresses Oneself
- **Music:**
Notices, Responds to, Develops Skills (singing, sounds, beat, etc.), Creates, Expresses Oneself, Vocal Expression, Explores Instruments
- **Drama:**
Engages, Understands Plot, Develops Skills (shows emotion, acts out, role-play), Creates (uses props), Invents, Expresses Oneself
- **Dance:**
Engages, Develops Skills (spatial awareness, coordination), Creates (uses props), Invents, Expresses Oneself

Link:

<https://www.cde.ca.gov/sp/cd/re/psfoundations.asp>

This is a summary or general overview of the foundations.
Please refer to the above website for details and examples.

Courtesy of: **AbridgeClub.com**