



My Shopping List



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WE EAT FOOD THAT'S FRESH
(English)
COMEMOS COMIDA FRESCA
(Spanish & English)

Author: Angela Russ-Ayon
Illustrator: Cathy June



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~ Teacher's Guide ~

Fruits and vegetables
that appear in

"We Eat Food That's Fresh"

Have fun searching for them!

Children can write, scribble,
place stickers, or paste pictures
on the shopping list.

Acorn Squash	Grapefruit
Apples (Red Delicious, Granny Smith, Fuji)	Avocado (dip)
Apricots	Lemon
Artichoke	Lime
Asparagus	Orange
Avocado (dip)	Lettuce
Baby Corn	Mandarin Oranges
Banana	Mango
Beets	Mushrooms
Bell Pepper	Okra
(Red, Green, and Yellow)	Olives
Blueberries	Onions (White & Yellow)
Bok Choy	Orange (Fruit & Juice)
Broccoli	Papaya
Butternut Squash	Peaches
Cabbage	Pear
Cantaloupe	Peas
Carrots	Pineapple
Cauliflower	Pomegranate
Celery	Potato
Cherries	Prunes
Corn	Pumpkins
Cucumbers	Purple Grapes
Dates	Radish
Egg Plant	Raisins
Figs	Raspberry
Grapefruit	Star Fruit (Carambola)
Green Beans	Strawberry
Grapes (Green & Red)	Summer Squash
Guava	Tomatoes (Red & Yellow)
Honeydew Melon	Watermelon
Kiwi	Yellow Bell Pepper
Kumquats	Yellow Tomatoes
Lemon	Zucchini

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