

Important:

1. Music can be played for movement or simply for music appreciation.
2. Make sure the actions are age appropriate. Modify accordingly.
3. Clear the area of toys and furnishings to avoid trips and falls.
4. Space children properly to avoid collisions, interference and distractions.
5. Practice the moves and steps prior to playing the song.
6. Physically guide children through the song
– Model with enthusiastic, energetic movement
7. Review class room rules to avoid chaos.
8. Use child-safe props.
9. Don't forget to cool down and calm down with fine motor songs at the end of your active session.

Note:

Some songs can be modified for children with special needs.

Smart Moves 1: Tots thru Pre-K Lyrics for Music CD

1. In My Body 3:10
2. Build a Bridge (for Tots) 1:44
3. Take That Rope (Action) 3:23
4. Can You Find the Color? 2:13
5. From Here to There 2:08
6. Roll That Ball to Me (for Tots) 2:43
7. Go 'Round the Village (for Tots) 1:58
8. We're Moving Around 1:59
9. Work Your Body 1:57
10. I Can Stand By Myself 2:22
11. I Can Sit By Myself 2:22
12. Can You Sit Down on Your Bum Bum? 1:52
13. Stack Them Up! 1:52
14. The More We Press Together 2:51
15. My Face, My Face 2:11
16. I Can Rest 1:03

Spanish Versions:

17. In My Body - Spanish 3:10
18. Build a Bridge (for Tots) - Spanish 1:44
19. Take That Rope (Action) - Spanish 3:23
20. Can You Find the Color? - Spanish 2:13
21. Roll That Ball To Me (for Tots) - Spanish 2:43
22. The More We Press Together - Spanish 2:51
23. I Can Rest - Spanish 1:03
24. --- The End --- :37

Approx. running time: 53 min.

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If you have any additional questions, please feel free to contact us.

1. In My Body

The key is to keep doing the first move while adding on the second move. Moves can be completed seated or standing, involving simple counting, listening, and familiarity with body parts: 2 waving hands, 2 tapping feet - 2 flapping ears, 1 shaking seat - 2 hugging arms, 2 knocking knees - 2 blinking eyes, and chomping teeth - 1 nodding head, 1 round tummy - 2 kissing lips, 10 fingertips. How can we move other body parts?

In my body
(Tap body all over)
My body
(Best pose)
So great to be
In my body
(Hands in the air,
turn around)

Two waving hands
(Wave hands.
Keep waving)
Two waving hands
Two tapping feet
(Tap one foot and
then the other)
Two tapping feet

In my body
(Tap body all over)
My body
(Best pose)
So great to be
In my body
(Hands in the air,
turn around)

Two flapping ears
(Cup ears, and flap elbows
like 2 big elephant ears)
Two flapping ears
One shaking seat
(Shake your bootie)
One shaking seat

In my body
(Tap body all over)
My body
(Best pose)
So great to be
In my body
(Hands in the air,
turn around)

Two hugging arms
(Hug body, open arms
and hug again to the beat)
Two hugging arms
Two knocking knees
(Knock knees together)
Two knocking knees

In my body
(Tap body all over)
My body
(Best pose)
So great to be
In my body
(Hands in the air,
turn around)

Two blinking eyes
(Blink eyes. Keep blinking)
Two blinking eyes
And chomping teeth
(Chomp those teeth)
And chomping teeth

1. In My Body ~ Continued

In my body
(Tap body all over)

My body
(Best pose)

So great to be
In my body
(Hands in the air,
turn around)

One nodding head
(Nod head up & down)

One nodding head
One round tummy
(Rub tummy with
1 or 2 hands)

One round tummy

In my body
(Tap body all over)

My body
(Best pose)

So great to be

In my body
(Hands in the air,
turn around)

Two kissing lips
(Pucker lips & smack kisses)

Two kissing lips
10 finger tips
(Spread hands next to face
and wiggle fingers)
10 finger tips

In my body
(Tap body all over)

My body
(Best pose)

So great to be
In my body
(Hands in the air, turn around)

So great to be
(Go back the other way -
Circle in opposite direction)

So great to be

In my body
In my body

2. Build a Bridge

Hand or interactive song that introduces building of structures: bridge-tunnel-road, cave-tower-wall.

- a) Children build imaginative structures using just their hands and other parts of their bodies
- b) Children team up, join hands and build their structures.

Build a bridge
Build a tunnel
Build a road

Build a cave
Build a tower
Build a wall

Build a bridge
Build a tunnel
Build a road

Build a cave
Build a tower
Build a wall

Build a bridge
Build a tunnel

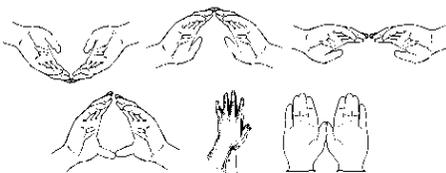
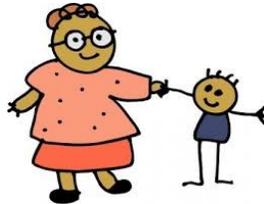
Build a cave
Build a tower

Build a bridge
Build a tunnel

Build a cave
Build a tower

Build a bridge
Build a tunnel
Build a road

Build a cave
Build a tower
Build a wall



3. Take That Rope (Action)

Rope game that encourages imaginative play and promotes teamwork. Independently use a short string. Groups of 2 or more use a long rope for this exercise and work as a team. Group size is determined by the length of the rope, lace, or string. Using the rope, how will you interpret these actions?

Row that rope when I say, "GO!"
(ROW a boat using opposite arms
or both arms together)

Row that boat, around you row
Row that rope when I say, "GO!"
Row it, row it, row it, ROW!
Row it, row it, row it, ROW!



Pull that rope around you go
(PULL in a tug-a-war motion)
Pull that rope, you pull and tow
Pull that rope around you go
Pull it, pull it, pull it, GO!
Pull it, pull it, pull it, GO!

Raise that rope, when I say, "GO!"
(RAISE rope overhead up and down
in a pumping motion)

To the sky, up high you go
Raise that rope up high you, "GO!"
Raise it, raise it, raise it, GO!
Raise it, raise it, raise it, GO!

Ride that rope when I say, "GO!"
(RIDE like holding the reigns of a
horse or straddling the rope)

Ride it like a horse, you know
Ride that rope when I say, "GO!"
Ride it, ride it, ride it, GO!
Ride it, ride it, ride it, GO!



Yank it tight when I say, "GO!"
(Repetitive YANKS to tighten the
rope into one solid line)

One tight rope, when I say, "GO!"
Yank it tight when I say, "GO!"
Yank it tight now, yank it, GO!
Yank it tight now, yank it, GO!

Shake it loose when I say, "GO!"
(SHAKE rope wildly, and entire body)

Loosey goose, when I say, "GO!"
Shake it loose when I say, "GO!"
Shake it, shake it, shake it, GO!
Shake it, shake it, shake it, GO!

Wrap that rope, when I say, "GO!"
(WRAP rope around different body
parts or objects)

Wrap that rope, around you go
Wrap that rope when I say, "GO!"
Wrap it, wrap it, GO!
Wrap it, wrap it, GO!

4. Can You Find the Color?

When a color is found, complete the physical action: Blue/Shake, Green/Run, Yellow/Move Slowly, Black/Climb up, White/Jump, Red/Stop.

Post colors on the walls, use small colored items in a restricted area, use the colors in the clothing that the children are wearing, place construction paper on the floor, place colored plates or cups on the ground.

Can you find the color blue
Can you find the color blue
When you find the color blue

Shake Shake Shake x 3

Can you find the color green
Can you find the color green
When you find the color green

Run, Run, Run x3

Can you find the color yellow
Can you find the color yellow
When you find the color yellow

Move slow, slow
Move so slow
Move slow, slow

Can you find the color black
Can you find the color black
When you find the color black

Climb on up X3

Can you find the color white
Can you find the color white
When you find the color white

Jump, jump, jump x3

Can you find the color red
Can you find the color red
When you find the color red

Stop, Stop Stop x3

5. From Here to There

Develop those motor skills: Crawl, fly, jump, and tip-toe. Move freely around & through cones, hula hoops, or other objects that are set equidistance apart - or are in the form of a circle. Move around the outside or inside of a pre-assigned shape that is marked off with tape, rope, laces, or up and down inclined pads or mats.

Crawl, Crawl
Around, Around
To get from here to there
Like little bugs
On hands and knees
We crawl from here to there
Crawl, Crawl
Around, Around
To get from here to there
Like little bugs
On hands and knees
We crawl from here to there
Crawl, Crawl x4
We crawl from here to there

Fly, Fly
Around, Around
To get from here to there
Like soaring birds
With flapping wings
We fly from here to there
Fly, Fly
Around, Around
To get from here to there
Like soaring birds
With flapping wings
We fly from here to there
Fly, Fly x4
We fly from here to there

Jump, Jump
Around, Around
To get from here to there
Like kangaroos
With 2 long feet
We jump from here to there
Jump Jump
Around, Around
To get from here to there
Like kangaroos
With 2 long feet
We jump from here to there
Jump Jump x4
We jump from here to there

Tip Toe Around, Around
To get from here to there
Like quiet mice
With tiny feet
Tip toe from here to there
Tip Toe Around, Around
To get from here to there
Like quiet mice
With tiny feet
Tip toe from here to there
Tip Toe
Tip Toe
Toe Tip Toe
Tip toe from here to there



6. Roll That Ball to Me (for Tots)

Rolling ball exercises improve hand-eye coordination and social awareness:



- Pass the ball from one hand to another
- Pass the ball by lifting it and handing it to another, pass it overhead, between legs, under a lifted leg, twisting at the middle.
- Roll the ball from side-to-side in front, from front to back on each side, around an object (cone, other ball, etc.), around the body, between the legs while standing, or around a designated shape on the floor.
- Roll the ball freely, then run or walk to retrieve it.
- Roll the ball to the person opposite them or into a net or receptacle (to the front, at an angle, or to the side).

Pass that ball to me
and I will try to catch it
Pass it with your hands
And let go

Roll that ball around
Ever soft and gently
Thank you, once more
Here we go

Pass that ball to me
Ever soft and gently
Pass it once more
Here we go

Roll that ball to me
and I will try to catch it
Watch it come back to you
Don't let go

Roll that ball around
And then can try to catch it
Roll it around again
And let go

Roll it to me again
Ever soft and gently
Thank you, once more
Here we go

7. Go Round the Village (for Tots)

Facilitates teamwork and social interaction. Can be played holding hands or grabbing the outside of a parachute, round table cloth, long rope, or magic band (elastic tied together at both ends). Call out a change in direction while traveling “round & round” in a circular motion. Action: Travel around in a circle, step in closely and back out, travel around, raise and lower arms (and legs) as if going up and down the ladder, travel around, bend down and sweep up from the floor, travel around, spread out wide and keep circling, travel around, step in closely and back out.

Go round and round the village x 3
As we have done before

Go in close and back out now
(Step in to the center)

Go in close and back out now
Go in close and back out now
As we have done before

Go round and round the village x 3
As we have done before

Go up and down the ladder
(Raise and lower arms & squat legs)
Go up and down the ladder
Go up and down the ladder
As we have done before

Go round and round the village x 3
As we have done before

Go down and sweep it up now
(Push arms down and sweep up from the floor)
Go down and sweep it up now
Go down and sweep it up now
As we have done before

Go round and round the village x 3
As we have done before

Go wide and spread it out now
(Move as wide out as you can)
Go wide and spread it out now
Go wide and spread it out now
As we have done before

Go round and round the village x 3
As we have done before

Go in close and back out now
Go in close and back out now
Go in close and back out now
As we have done before

Go round and round the village x 3
As we have done before

8. We're Moving Around

A rhythmic song that encourages dramatic play and develops motor skills: March, slide, hop, gallop, kick, tip-toe, stop. Children move freely, line up in a formation, move around or through

designated props (cone, long rope, climber, etc.), or step around the room on shapes (circle, square, or triangle, etc.). Mark the shape on the floor with tape or rope. To improve coordination, children can complete the action while clapping to the beat, holding a prop such as pom-poms or noise makers in each hand, or holding a ball between their hands.

We lift our knees
To the marching sound.
And march around
To the marching sound
We march around to
the marching sound
Marching all around.

We slide our feet
To the sliding sound
Sliding sideways
All around
We slide our feet to
the sliding sound
Sideways all around

We hop along
To the hopping sound
Just one foot
To the hopping sound
We hop along to
the hopping sound
Hopping all around.

We're galloping
To the gallop sound
Galloping
to the gallop sound
We're galloping to
the gallop sound
Galloping around



We kick our feet
To the kicking sound
Kicking feet
to the kicking sound
We kick our knees to
the kicking sound
Kicking all around

We tip toe softly
Tip toe around
Tip toe
But don't make a sound
We tip toe and
don't make a sound
Tip toe all around.

We're stopping now
Stop moving around
Moving around
Stop moving around
Stand in place
And sit right down
Stop moving all around

9. Work Your Body (Sung to “London Bridges”)

Children are encouraged to follow directions and improve motor skills: Reach your arms and stretch them out, bend your knees and squat on down, take your hands and climb on up, from the waist we bend on down, take your hands and push them up, lift your legs and kick them out, take your body and turn it around.

Reach your arms and stretch them out
Stretch them out, stretch them out
Reach your arms and stretch them out
Work your body
Reach your arms and stretch them out
Work your body

Bend your knees and squat on down
squat on down, squat on down
Bend your knees and squat on down
Work your body
Bend your knees and squat on down
Work your body

9. Work Your Body ~Continued

Take your hands and climb on up
Climb on up, climb on up
Pull yourself and climb on up
Work your body
Pull yourself and climb on up
Work your body

From the waist we bend on down
bend on down, bend on down
From the waist we bend on down
Work your body
From the waist we bend on down
Work your body

Take your hands and push them up
Push it up, push it up
Press your arms and push them up
Work your body
Press your arms and push them up
Work your body

Lift your legs and kick them out
Kick the out, kick them out
Lift your legs and kick them out
Work your body
Lift your legs and kick them out
Work your body

Take your body, turn it around
Turn it around, turn it around
Take your body, turn it around
Work your body
Take your body, turn it around
Work your body

10. I Can Stand By Myself

Heightens self-esteem and encourages independence using the following actions: Stand, reach for toes, lift up one leg and balance, squat, spread arms wide, turn around.

I can stand by myself
By myself
By myself
I can stand by myself
With straight long legs

I can reach for my toes
By myself
By myself
I can reach
For the toes on my feet
I can reach
For the toes on my feet

I can lift up one leg
By myself
By myself
I can balance myself
On just one leg
I can lift up one leg
By myself
By myself
I can balance myself



Watch and see
I can balance myself
Watch and see
I can squat by myself
By myself
By myself
I can squat by myself
Bending both of my knees
I can squat by myself
By myself
By myself
I can squat using both of my knees
I can squat using both of my knees



I can spread my arms wide
By myself
By myself
I can spread my arms wide
Spread them wide to each side
I can spread my arms wide
By myself
By myself
I can spread my arms wide
At my sides
I can spread my arms wide
At my sides
I can turn right around
By myself
By myself
I can turn right around
With out falling straight down
I can turn right around
By myself
By myself
I can turn without falling down
I can turn without falling down

11. I Can Sit By Myself

Heightens self-esteem and encourages independence using the following actions: Sit, move toes, scoot, reach for toes, lift legs, straddle (spread) legs. Good sit down/cool down song.

I can sit by myself
By myself
By myself
I can sit by myself
With straight long legs
I can move all my toes
All my toes
All my toes
I can move all the toes
On my feet
I can move all the toes
On my feet
I can scoot by myself
By myself
By myself
I can scoot by myself
I can scoot on my seat
I can scoot all around
While I'm still sitting down
I can scoot by myself
On my seat
I can scoot by myself
Watch and see

I can reach by myself
By myself
By myself
I can reach for the toes
For the toes on my feet

I can reach by myself
By myself
By myself
I can reach
For the toes on my feet
I can reach
For the toes on my feet
I can lift by myself
By myself
By myself
I can lift up one leg
Lift it up off the ground
I can lift by myself
By myself
By myself
I can lift up my other leg
I can lift up my other leg

I can straddle my legs
By myself
By myself
I can spread my legs wide
Spread them wide to each side
I can straddle by legs
By myself
By myself
I can spread by myself
Watch and see
I can spread by myself
Watch and see.

12. Can You Sit Down on Your Bum Bum?

Heightens self-esteem and encourages independence. Moves are in a seated position

Can you sit down on your bum bum
(Sit down with straight legs on the floor
or bent legs on a higher surface)
And lift and bend your knees
Can you sit down on your bum bum
And lift and bend your knees

Can you wiggle your toes, and then some
Wiggle, wiggle and set them free (sounds)
And twirl your feet like so, so
Twirl and count 1, 2, 3

Can you take your arms and row, row
Row around and around please
Push down now, push down way low
Bring your hands back up to see

Now raise your hands like you know
And wave right back to me.
Can you sit down on your bum bum
And lift and bend your knees

Can you sit down on your bum bum
And lift and bend your knees
Can you wiggle your toes, and then some
Wiggle, wiggle and set them free (sounds)

And twirl your feet like so, so
Twirl and count 1, 2, 3
Can you take your arms and row, row
Row around and around please

Push down now, push down way low
(Press hands to the seat or floor and push hard)
Bring your hands back up to see
Now raise your hands like you know
And wave right back to me.

Can you sit down on your bum bum
And lift and bend your knees
Can you sit down on your bum bum
And lift and bend your knees

13. Stack Them Up!

Good cool down song that improves fine motor skills, hand-eye coordination, counting, and team work with the simple sitting activity of stacking items. Stack items such as bean bags, blocks, cones, cups, sticks, etc.; knock them down, and then re-stack them. Encourage the children to count as they are stacking.



Stack 'em, stack them up
As high as you can go
You only have a short time
Start low and make it grow
One after the other
On top they go, you know

Stack it, keep on stacking
As high as you can go
When it's up, it's up
And when it falls, it's down
So stack it. Keep on stacking
Build high up off the ground

When it's up, it's up
And when it falls, it's down
No grumbles if it tumbles
And spreads itself around
Stack 'em, stack them up
As high as you can go

You only have a short time
Start low and make it grow
Now when it's up, it's up
And when it falls, it's down

So stack it. Keep on stacking
Build high up off the ground

When it's up, it's up
And when it falls, it's down
No grumbles if it tumbles
And spreads itself around
Stack 'em, stack them up
As high as you can go

You only have a short time
Start low and make it grow
No grumbles if it tumbles
Start low and make it grow

14. The More We Press Together

Good cool down song that focuses on pressing body parts together in the order they are called: fingers to fingers, hands to hands, elbows to elbows, knee to knee, feet to feet. Song culminates in pressing all parts together at one time. Can be played seated or standing. Can be played alone or with a partner. What other body parts can we press together? Our bodies have symmetry. How about holding a balloon or ball by pressing it between our legs or arms?

Come on and press together
Together, together
The more we press together
The happier we'll be

Press fingers to fingers
Yes fingers to fingers
The more we press together
Come on press with me

Press fingers to fingers
And hands to hands
Yes, hands to hands
The more we press together
Come on press with me

Press fingers to fingers
And hands to hands
Add elbow to elbow
Yes, elbow to elbow
The more we press together
Come on press with me

Press fingers to fingers
And hands to hands
Add elbow to elbow me
Then knee to knee
Yes, knee to knee

The more we press together
Come on press with me

Press fingers to fingers
And hands to hands
Add elbow to elbow
Then knee to knee
Press feet to feet
Yes, feet to feet

The more we press together
Come on press with me

Now let's press all together
Together, together
Yes, press them all together
Come on press with me
Press fingers to fingers
And hands to hands
Add elbow to elbow
Then knee to knee
Press feet to feet

The more we press together
Come on press with me
The more we press together
Come on press with

15. My Face, My Face

Good sit down song that improves self-esteem and body awareness. Actions: Smile, bite, blink, smell stink, hear, cheer, look, read a book, brows lift, sniff, grin, and tongue out and in. Get children to mimic facial expressions and discuss emotions.

My face, my face is a beautiful place
Where smiles are bright
And teeth can bite
Where eyes can blink
And nose smells stink
My face is a beautiful place
My face is a beautiful place

My face, my face is a beautiful place
Where ears can hear
And mouths can cheer
Where eyes can look
Or read a book
My face is a beautiful place
My face is a beautiful place

My face, my face is a beautiful place
Where brows can lift
And noses sniff
Where lips can grin
Tongue out and in
My face is a beautiful place
My face is a beautiful place



16. I Can Rest

Gross motor cool down song that encourages children to stop moving, squat down and sit, stretch legs out in front, lay their body down, and rest. Good time to read a story.

If I stop right where I am
And don't move anymore
I can rest for a minute
I can rest for a minute
I can rest for a minute, right now

If I squat my body down
And sit right on the floor
I can rest for a minute
I can rest for a minute
I can rest for a minute, right now

If I stretch my legs out front
And don't move any more
I can rest for a minute
I can rest for a minute
I can rest for a minute, right now

If I lay my body down
Lay down flat on the floor
I can rest for a minute
I can rest for a minute
I can rest for a minute, right now

I can rest for a minute
I can rest for a minute
I can rest for a minute, right now



17. In My Body ~ SPANISH

*En mi cuerpo
Mi cuerpo
Que bueno es estar
En mi cuerpo
Dos manos masiendo
(correction ...saludando)
Dos manos masiendo
(correction... saludando)
Dos pies golpeando
Dos pies golpeando*

*En mi cuerpo
Mi cuerpo
Que bueno es estar
En mi cuerpo*

*Dos orejas batiendo
Dos orejas batiendo
Una colita sacudiendo
Una colita sacudiendo*

*En mi cuerpo
Mi cuerpo
Que bueno es estar
En mi cuerpo*

*Dos brazos abrazando
Dos brazos abrazando
Dos rodillas tocando
Dos rodillas tocando*

*En mi cuerpo
Mi cuerpo
Que bueno es estar
En mi cuerpo*

*Dos ojos parpadeando
Dos ojos parpadeando
Los dientes mariendo
Los dientes mariendo*

*En mi cuerpo
Mi cuerpo
Que bueno es estar
En mi cuerpo
Una cabeza inclinando
Una cabeza inclinando
Un estomago redondo
Un estomago Redondo*

*En mi cuerpo
Mi cuerpo
Que bueno es estar
En mi cuerpo*

*Dos labios besando
Dos labios besando
Diez puntas de dedos
Diez puntas de dedos
En mi cuerpo
Mi cuerpo*

*Que bueno es estar
En mi cuerpo*

*Que bueno es estar
Que bueno es estar
En mi cuerpo
En mi cuerpo*

18. Build a Bridge ~ SPANISH

*Construye un puente
Y un túnel
Y una calle*

*Construye un puente
Y un túnel
Y una calle*

*Construye un puente
Y un túnel
Y un puente
Y un tunel*

*Construye un puente
Y un túnel
Y una calle*

*Construye una cueva
Y una torre
Y una pared*

*Construye una cueva
Y una torre
Y una pared*

*Construye una cueva
Y una torre
Y una cueva
Y una torre*

*Construye una cueva
Y una torre
Y una pared*

19. Take That Rope (Action) ~ SPANISH

*Rema la cuerda, cuando diga, "¡GO!"
Como un bote , rema rededor
Row that rope when I say , "¡GO!"
Rema, rema, rema, "¡ROW!"
Rema, rema, rema, "¡ROW!"*

*Hala la cuerda, cuando diga, "¡GO!"
Hala al rededor vas
Pull that rope around you go
Ha'lalo, Ha'lalo, "¡GO!"
Ha'lalo, Ha'lalo, "¡GO!"*

19. Take That Rope (Action) ~ SPANISH

Continued

Levanta la cuerda, cuando diga, "¡GO!"
Al cielo, haci arriba ma's
Raise that rope up high you go
Levantala, levantala, "¡GO!"
Levantala, levantala, "¡GO!"

Montala la cuerda, cuando diga, "¡GO!"
Como un caballo, si sabe
Ride that rope when I say, "¡GO!"
Montala, montala, "¡GO!"
Montala, montala, "¡GO!"

Dale un tirón, cuando diga, "¡GO!"
Una cuerda apretada, cuando diga, "¡GO!"
Yank it tight when I say, "¡GO!"
Dale un tirón, si dale, "¡GO!"
Dale un tirón, si dale, "¡GO!"

Agita la cuerda, cuando diga, "GO!"
Loosey goose, cuando diga, "¡GO!"
Shake it loose when I say, "¡GO!"
Agita, Agita, Agita, "¡GO!"
Agita, Agita, Agita, "¡GO!"

Envuelve la cuerda, cuando diga, "¡GO!"
Envuelve la cuerda, al rededor
Wrap that rope when I say, "¡GO!"
Envuevela, envuevela, "¡GO!"
Envuevela, envuevela, "¡GO!"



20. Can You Find the Color? ~ SPANISH

Puedes encontrar el color azul
Can you find the color blue
Cuando encuentres el color azul
sacúdalo, sacúdalo, sacúdalo (shake)
Shake Shake Shake (sacudelo)
Sacu'delo, sacu'delo, sacu'delo

Puedes encontrar el color verde
Can you find the color green
Cuando encuentres el color verde
Correle, correle, correle (run)
Run, Run, Run (correle)
Correle, correle, correle (run)

Puedes encontrar el color amarillo
Can you find the color yellow
Cuando encuentres el color amarillo
muévate despacio (slow)
Move slow, slow (despacio)
muévate despacio (slow)

Puedes encontrar el color negro
Can you find the color black
Cuando encuentres el color negro
Escala haci arriba (up)
Climb on up (arriba)
Escala haci arriba (up)



Puedes encontrar el color blanco
Can you find the color white
Cuando encuentres el color blanco
Salta, salta, salta (jump)
Jump, jump, jump (salta)
Salta, salta, salta (jump)

Puedes encontrar el color rojo
Can you find the color red
Cuando encuentres el color rojo
Para, para, para (stop)
Stop, Stop Stop (para)
Para, para, para (stop)

21. Roll That Ball to Me (for Tots) ~ SPANISH

Paseme la pelota
tratate' de cogerla
Pasala con las manos
Y sueltala
Paseme la pelota
on cuidado
Gracias, otra vez
Vamonos

Roda la pelota a mi
tratate' de cogerla
mi'rala que se regre'se
y, no la sueltes
Roda la pelota a mi
on cuidado
Gracias, otra vez

Rodala al rededor
trata de cogerla
rodala, otra vez
Vamonos
Rodala al rededor
on cuidado
Gracias, otra vez
Vamonos



22. The More We Press Together ~ SPANISH

Vengan aprietarnos juntos
Juntos, juntos
Lo más que apretamos junto
Lo más feliz que ceremos

Presiona dedos a dedos
Yes, fingers to fingers
Lo más que apretamos junto
Come on press with me

Presiona dedos a dedos
y manos a manos
Yes, hands to hands
Lo más que apretamos junto
Come on press with me

Presiona dedos a dedos
y manos a manos
y codo a codo
Yes, elbow to elbow
Lo más que apretamos junto
Come on press with me

Presiona dedos a dedos
y manos a manos
y codo a codo
rodilla a rodilla
Yes, knee to knee

Lo más que apretamos junto
Come on press with me

Presiona dedos a dedos
manos a manos
Add y codo a codo
rodilla a rodilla
y pie a pie
Yes, feet to feet
Lo más que apretamos junto
Come on press with me

Vengan y aprietense todos
juntos, todos
Vengan y aprietense juntos
Come on press with me

Presiona dedos a dedos
y manos a manos
y codo a codo
rodilla a rodilla
pie a pie

Lo más que apretamos junto
Come on press with me

Lo más que apretamos junto
Come on press with me

23. I Can Rest ~SPANISH

*Si paro donde estoy
Y no me muevo mas
Yo puedo descansar
Yo puedo descansar
Yo puedo descansar, ahorita*



*Si me inclino mi cuerpo
Y me siento en el piso
Yo puedo descansar
Yo puedo descansar
Yo puedo descansar, ahorita*

*Si me estiro mis piernas
Y no me muevo mas
Yo puedo descansar
Yo puedo descansar
Yo puedo descansar, ahorita*

*Si me acuesto mi cuerpo
Acuesto en el piso
Yo puedo descansar
Yo puedo descansar
Yo puedo descansar, ahorita*

*Yo puedo descansar
Yo puedo descansar
Yo puedo descansar, ahorita*

Credits:

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**Thank you for listening, and
welcome to the CLUB!**

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