



## Clapping Games & Chants

1. High, Low, Piccolo
2. Double, Double
3. Here Comes Joe
4. Rock, Paper, Scissors
5. Twinkle Toes
6. Lemonade, Crunchy Ice
7. Chug, Chug, Chottie
8. Ho, Ho, Captain Jack
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10. Miss Mary Mack
11. A Sailor Went to Sea
12. Have You Ever, Ever
13. Roller Coaster
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16. Say, Say My Playmate
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### For the Younger Set

19. Big Horse
20. Tic-Tac-Toe
21. Pat-a-Cake
22. Cross Walk
23. Can You Pat?

A Spanish CD of clapping games is coming soon!

UPC: 698731-00024-8

For preschool and all ages beyond!

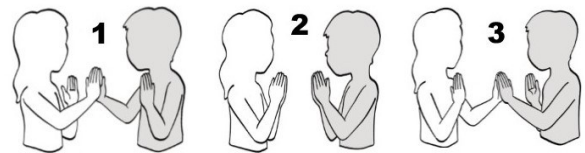
A “hands-on” approach to learning! These fun clapping games combine movement in rhythmic patterns and sequences with rhymes and recitation for non-competitive cooperative play. The experience of calling and clapping helps improve fine motor skills, bilateral coordination, social skills, impulse control, and has cognition-boosting effects.

Included are age-appropriate versions of all time favorites, hand games that are fresh and new, and songs creatively extended for longer play. Levels of difficulty vary. Additional games, instructions, and video links can be found online at [AbridgeClub.com](http://AbridgeClub.com). You may have to copy and paste the links into your browser in order to see them.

### TIPS:

- Some songs are design so that you can either play a clapping game or move your body as directed through the song.
- Clap and/or independently, with a partner, or in a group.
- Links to how most of the games can be played are provided below with more coming. Feel free to make up your own clapping patterns and sequences, or simplify the games with an easy <<cross over (palm-to-palm), clap, cross over (palm-to-palm), clap >> sequence.

There are no set rules, and there are variations to every game. Be creative!



- Additional video is in production, but feel free to upload yours on YouTube, and with Angela’s approval, we’ll share the link.
- For the “younger set,” begin by memorizing and clapping to the first verse at a slow pace before adding on additional verses and moves. Clapping your own simple patterns to any and all of the songs is encouraged.

### 1. High Low Piccolo

#### YouTube Link:

<https://www.youtube.com/watch?v=4qP3uGjFaM>

My name is  
High, low, Piccolo  
Piccolo, High, low  
High, low, Piccolo  
Piccolo, HELLO!



2. **Double Double** (extended verses by Angela)  
Combine any 2 moves, with any 2 other moves or clapping sequence for this simple repetitive game.

*Variations:*

1. *Jump, jump, clap, clap*
2. *Palm to partner's palm x2, clap, clap*

**You Tube Link:**

<https://www.youtube.com/watch?v=gWXNbleftRk>

Double double this, this  
Double double that, that  
Double this, double that  
Double double this, that



Double double up, up	Double double out, out
Double double down, down	Double double in, in
Double up, double down	Double out, double in
Double double up, down	Double double out, in

3. **Here Comes Joe** (by Angela)

*Variations:*

1. *Clap, cross over, clap, cross over, then move*
2. *March 3 steps, then move*
3. *Pat thigh, clap, pat thigh, then move*

Here comes Jo  
who waves hello (Wave hello)  
He's with Jake  
who likes to shake (Shake hands or body)  
right by Mack  
who turns his back (Turn sideways)  
And there's Pete  
who taps his feet (Tap feet)  
next to Chris  
who moves like this (Interpret how you want)  
right by Pat  
who moves like that (Get creative)  
Then there's me  
with fingers, 3 (Hold up 3 fingers)  
and a motley crew are we

4. **Rock, Paper Scissors** (by Angela Russ)

Learn to play the "Rock, Paper, Scissors" hand game using this song. Don't forget to play a few rounds after you're through.



ROCK PAPER SCISSORS

Rock, paper, scissors, (clap)  
Rock, paper, scissors, (clap)

Make a rock, big and round  
Big and round, big and round  
Beat the scissors with a pound  
With a pound, with a pound  
(Pound fist onto open index and middle finger)

Make the paper flat and wide  
Flat and wide, flat and wide  
Wrap the rock from side to side  
(Wrap hand around fist, like paper wrapping a rock)  
Side to side, side to side

Scissors cut the paper too  
Paper, too. Paper, too.  
I can win, but so can you  
(Index and middle finger cut your flat hand, like scissors cutting paper)  
So can you, so can you

Rock, paper, scissors, (clap)  
Rock, paper, scissors, (clap)

5. **Twinkle Toes** (by Angela)

Combine claps with dancing, according to the instructions.

Twinkle Toes went to France  
To teach the ladies how to dance  
Tap your feet, to and fro  
(Tap feet left and right, front and back)  
Spin around and off you go.  
(Twist or spin completely around)

Twinkle Toes went to Spain  
To teach the ladies, oh so vain  
Up real high, down below  
(Squat and rise up, or raise and lower hands)  
Spin around and off you go

Twinkle Toes went to Peru  
To teach the ladies, dressed in blue  
Shake it fast, Shake it slow  
(Shake your body fast and slow)  
Spin around and off you go



## 5. Twinkle Toes (continued)

Twinkle Toes went to Japan  
To teach the ladies, with a fan  
Flick the wrist, just for show  
(Flick the wrist as if fanning yourself)  
Spin around and off you go  
Spanish has only 3 verses

## 6. Lemonade Crunchy Ice

A familiar clapping classic!

YouTube Link:

<https://www.youtube.com/watch?v=Xs-pdtRPO50>

Lemonade	Sip it once
Crunchy ice	Sip it twice
Squeeze it once	Turn around
Squeeze it twice	Touch the ground
Lemonade	Rise on up.
Crunchy Ice	Don't make a sound!
	FREEZE



## 7. Chug, Chug Chottie

A classic clapping chant.

I didn't have a ticket  
To take the train ahead, head, head  
They asked me what my name was  
and this is what I said, said, said  
I'm Chug, Chug, Chottie  
I have been naughty  
Don't have a ticket  
Opps! I'm sorry  
Call my mommy please, please  
Till then will you take these, these  
Don't you stare those eyes at me  
Or, you will make me freeze, freeze  
(Freeze. Don't move or blink)

## 8. Ho, Ho Captain Jack (by Angela)

Each line begins with 2 claps, either independently  
or with a partner, and then complete the action.  
You can also substitute any 2 moves for the claps.

Ho, Ho Captain Jack  
(Clap, clap, salute)  
Sailed the seas, in his captains hat  
(Clap, clap, hands on your head)

Looked hard with just 1 eye  
(clap, clap, cover one eye)  
Far off, saw his parrot fly  
(Clap, clap, flap hands or arms)

Ho, Ho Captain Jack  
(Clap, clap, salute)  
Sailed the seas, in his captains hat  
(Clap, clap, hands on your head)

Walked the plank with his hands held wide  
(Clap, clap, hands out to side)  
Couldn't swim, but oh he tried  
(Clap, clap, swim arms)



## 9. Down by the Banks of the Hanky Panky (extended by Angela)

YouTube Link (1):

<https://www.youtube.com/watch?v=3aas7bwcjms>

YouTube Link (2):

<https://www.youtube.com/watch?v=3aas7bwcjms>

A classic 1st verse about a bullfrog jumping into the water. Typically performed clapping around a group circle in the style of musical chairs. One hand rests in the palm of a friend, and the other supports the resting palm of a friend. The chant can be performed independently or with 1 partner. Includes 3 new verses children can move to: birds fly in, fish swim and jump out, beavers chomp and roll.



Down by the banks of the Hanky Panky  
Where the bullfrogs jump from bank to banky  
With an eeps, ipes, opes, opps  
One fell in and it went kerplops

Down by the banks of the Hanky Panky  
Where the birds they fly from bank to banky  
With an eeps, ipes, opes, opps  
One flew in and it went kerplops

Down by the banks of the Hanky Panky  
Where the fish they swim from bank to banky  
With an eeps, ipes, opes, opps  
One jumped out and it went kerplops

## 9. Down by the Banks ... (continued)

Down by the banks of the Hanky Panky  
Where the beavers chomp from bank to banky  
With an eeps, ipes, opes, opps  
One rolled in and it went kerplops

## 10. Miss Mary Mack (extended by Angela)

A well-known classical clapping chant with an additional verse added to end the story.

Miss Mary Mack, Mack, Mack,  
All dressed in black, black, black,  
With silver buttons, buttons, buttons,  
All down her back, back, back

She asked her mother, mother, mother,  
For fifty cents, cents, cents,  
To see the el-e-phant  
Jump over the fence, fence, fence.

He jumped so high, high, high,  
He reached the sky, sky, sky,  
And he never came back, back, back,  
'Till the end of July, 'ly, 'ly.

Miss Mary Mack, Mack, Mack,  
All dressed in black, black, black,  
With silver buttons, buttons, buttons,  
All down her back, back, back

She asked her mother, mother, mother,  
For fifty cents, cents, cents,  
To see if the el-e-phant  
had any sense, sense, sense

When he came down, down, down  
He shook the ground, ground, ground  
But he came back, back, back,  
To his home town, town, town



## 11. A Sailor Went to Sea, Sea, Sea

Variation on YouTube:

<https://www.youtube.com/watch?v=7NEwPQUFHcc>

A classic clapping game that adds action as you progress. The actions are then performed in sequential order: sea/see, chop, knee, pop, jump.

A sailor went to sea, sea, sea (wavy arms)  
To see what he could see, see, see  
(Hand up to shade eyes)



But all that he could see, see, see  
Was the bottom of the deep blue  
sea, sea, sea

A sailor went to chop, chop, chop  
(Chop with hand)

To see what he could chop, chop, chop  
But all that he could chop, chop, chop  
Was the bottom of the deep blue  
chop, chop, chop  
Sea, sea, sea (Hand up to shade eyes)

A sailor went to knee, knee, knee (Pat knees)

To see what he could knee, knee, knee  
But all that he could knee, knee, knee  
Was the bottom of the deep blue  
knee, knee, knee  
Chop, chop, chop (Chop with hand)  
See, see, see (Hand up to shade eyes)

A sailor went to pop, pop, pop (Pop bubbles)

To see what he could pop, pop, pop  
But all that he could pop, pop, pop  
Was the bottom of the deep blue  
pop, pop, pop  
Knee, knee, knee (Pat knees)  
Chop, chop, chop (Chop with hand)  
See, see, see (Hand up to shade eyes)

A sailor went to jump, jump, jump  
To see what he could jump, jump, jump  
But all that he could jump, jump, jump  
Was the bottom of the deep blue  
jump, jump, jump  
Pop, pop, pop (Pop bubbles)  
Knee, knee, knee (Pat knees)  
Chop, chop, chop (Chop with hand)  
See, see, see (Hand up to shade eyes)

## 12. Have You Ever, Ever?

Variation on YouTube:

<https://www.youtube.com/watch?v=wbP5Xs5-NrY>

Have... you... ever, ever, ever  
in your short-legged life  
(Parallel hands held close together,  
palm facing palm)  
seen a short-legged sailor  
with a short-legged wife?

## 12. Have You Ever, Ever? (continued)

No... I've....never, never, never  
in my short-legged life  
seen a short-legged sailor  
with a short-legged wife?

Have... you... ever, ever, ever  
in your long-legged life  
(Spread hands out wider)  
seen a long-legged sailor  
with a long-legged wife?

No... I've....never, never, never,  
in my long-legged life  
seen a long-legged sailor  
with a long-legged wife?

Have... you... ever, ever, ever,  
in your knock-kneed life  
(Tilt palms to make a V)  
seen a knock-kneed sailor  
with a knock-kneed wife?

No... I've....never, never, never  
in my knock-kneed life  
seen a knock-kneed sailor  
with a knock-kneed wife?

Have... you... ever, ever, ever  
in your short-legged life  
seen a long-legged sailor  
with a knock-kneed wife?

No... I've....never, never, never  
In my short-legged life  
seen a long-legged sailor  
with a knock-kneed wife.

## 13. Roller Coaster

### Variation on YouTube:

<http://funclapping.com/song-list/roller-coaster/>

Down, down baby  
Down by the roller coaster  
Sweet sweet baby  
I'll never let you go

Shimmy shimmy coca pop  
Shimmy shimmy pow  
Shimmy shimmy coco puff  
Shimmy shimmy pow



Grandma, grandma sick in bed,  
she called the doctor  
and the doctor said:

Let's get the rhythm of the head,  
Ding Dong, (move your head from left to right) x2  
Let's get the rhythm of the hands (clap, clap) x2  
Let's get the rhythm of the feet (stomp twice) x2  
Let's get the rhythm of the hot dog (circle hips) x2

Put it all together and what do you get?

(repeat the actions)

Ding Dong! (head left to right)

Clap! Clap!

Stomp! Stomp!

Hot Dog! (circle hips)

Put it all backwards and what do you get?

(Do all of the moves backward)

Hot Dog! (circle hips)

Stomp! Stomp!

Clap! Clap!

Ding Dong! (head left to right)

## 14. Gigolo (modified by Angela)

A wonderful follow the leader style group activity.  
Each person takes a verse, moves or dances having  
interpreted the lyrics, and the others follow on the  
echoing verse.

### YouTube Link:

<https://www.youtube.com/watch?v=8AWsZ2gbTeo>

My hands are high

My feet are low

And this is how I gigolo

My hands are high

My feet are low

And this is how I gigolo

Gig-o-lo, gig, gig-o-lo

Gig-o-lo, gig, gig-o-lo

My feet are fast

My head is slow

And this is how I gigolo

My feet are fast

My head is slow

And this is how I gigolo

Gig-o-lo, gig, gig-o-lo

Gig-o-lo, gig, gig-o-lo





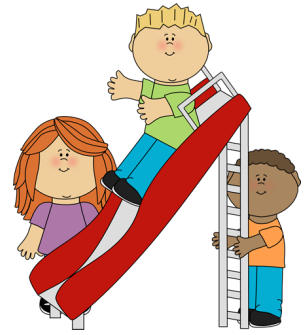
#### 14. Gigolo (continued)

My mouth says stop  
My mouth says go  
And this is how I gigolo  
    My mouth says stop  
    My mouth says go  
    And this is how I gigolo  
Gig-o-lo, gig, gig-o-lo  
Gig-o-lo, gig, gig-o-lo  
  
My hips move to  
My hips move fro  
And this is how I gigolo  
    My hips move to  
    My hips move fro  
    And this is how I gigolo  
Gig-o-lo, gig, gig-o-lo  
Gig-o-lo, gig, gig-o-lo



So sorry playmate,  
I cannot play with you,  
because I have the flu,  
boo hoo, hoo, hoo, hoo, hoo  
Ain't got no rain barrel,  
Ain't got no cellar door,  
Hope we'll be jolly friends,  
Forever more.

1,2,3,4  
That's okay playmate  
You will feel better soon  
Sorry you have the flu  
boo hoo, hoo, hoo, hoo, hoo  
The tree will wait and  
So will the cellar door  
because I am your friend,  
Forever more.



#### 15. Row, Row, Rower (by Angela)

Row, row, rower. High and low  
Row your boat, and off you go.  
Across the sea, you row all day  
You are very far away

Row, row, rower. High and low  
Off to places you don't know  
Off to China, or Japan  
Look for treasure, look for land

Row, row, rower. High and low  
Even stronger, you will grow  
I wish I had gone with you.  
To help you row the ocean blue

Row, row, rower. High and low  
Row in your boat, fast or slow  
For your love, you sing a tune  
You will find each other soon



#### 17. Eenie Meanie Sassaleeny

##### YouTube Link:

<http://funclapping.com/song-list/eenie-meanie-sassaleeny/>

Eenie Meanie Sassaleeny  
Opps ah tumbalini,  
Achi cachi Liberace,  
I love you!

Take a peach,  
Take a plum,  
Take a stick of bubble gum

No peach  
No plumb  
No stick of bubble gum  
Saw you with your boyfriend last night  
How'd you know?

Peeking through the keyhole  
Nosy!!!

Didn't do the dishes  
Lazy!!!  
Ate a box of candy  
Greedy!!!  
Jumped out the window  
Dog gone **crazy!!**



#### 16. Say, Say My Playmate

Say, say my playmate  
Come out and play with me,  
and bring your dollies three  
climb up my apple tree.  
Shout down my rain barrel,  
slide down my cellar door,  
and we'll be jolly friends,  
forever more.  
1,2,3,4

That's why they call me...  
Eenie Meanie Sassaleeny,  
Opps ah tumbalini,  
Achi cachi Liberace,  
I love you!

## 18. The Princess Pat

### YouTube Link:

<https://www.youtube.com/watch?v=ARMEemFPYUK4>

Now Princess Pat  
Lived in a tree  
She sailed across  
The seven seas  
She sailed across  
The channel too  
And she brought with her  
A riggabamboo

### \*Chorus\*

A riggabamboo  
Now what is that  
It's a-somethin' made  
By the Princess Pat  
It's red and gold  
And a-purple too  
That's why it's called  
A riggabamboo.

Now Captain Jack  
Had a mighty fine crew  
He sailed across  
The channel too  
But his ship sank



And yours will too  
If you don't take  
A riggabamboo

(REPEAT CHORUS)

Now the Princess Pat  
Had a son named Drew  
He liked to ride  
His kangaroo  
But he got lost  
And you will too  
If you don't take  
A riggabamboo!

(REPEAT CHORUS)

## — — For the Younger Set — —

## 19. A Big Horse (Adapted from Spanish version)

A big horse just walked by right here  
All of his legs were green  
I took the time to count them  
I think he had sixteen  
1, 2, 3, 4 (2 beats)  
5,6,7,8 (2 beats)  
9,10,11,12 (2 beats)  
13,14,15,16 (2 beats)



A big horse just walked by right here  
All of his teeth were clean  
I took the time to count them  
I think he had sixteen  
1, 2, 3, 4 (2 beats)

5,6,7,8 (2 beats)  
9,10,11,12 (2 beats)  
13,14,15,16 (2 beats)

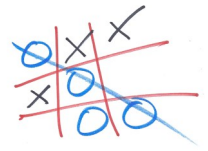
## 20. Tic Tac Toe

(Modified and extended by Angela)

This song is a little fast for the little ones, and should be performed without the music until they can be challenged with the tempo.

YouTube Link: <https://youtu.be/wCvnBEk7WmE>

Tic tac toe. Tic tac Toe.  
You write an X. You write an X.  
And I write an O. I write an O.  
Tic tac on top. Tic tac on top.  
Tic tac below. Tic tac below.  
Tic tac in the middle.  
Tic tac in the middle.  
3 in a row. 3 in a row.  
Tic-Tac-Toe. Tic-Tac-Toe.



## 21. Pat - a - Cake

(extended by Angela)

Pat-a-Cake, Pat-a-Cake  
Baker's man.

(Clap hands)

Bake me a cake  
as fast as you can.

(Clap hands)



Roll it and pat it and mark it with a "B"  
(Roll fists around, pat hands together,  
and draw a "B" the palm of hand)  
And put it in the oven for Baby and me.  
(Palms in the air, and slide the imaginary  
cake into the oven)

DING!

Out of the oven,  
(Slide the imaginary  
cake out of the oven)  
comes Baby's cake  
Marked with the B,  
that we did make  
(Mark a B in your palm)

Spread on the icing  
And will you please  
(Snake hand around  
to spread icing)  
Cut off a piece  
for you and me  
(Chop hand down  
into palm to slice)

## 22. Cross Walk (by Angela)

Cross walk

Cross walk

Open your eyes

Look left? Look right?

You know why.

Traffic! Traffic!

Oh, my, my

If you get hit,

off you fly (fly hands away)



## 23. Can You Pat (by Angela)

Can you pat your stomach?

Can you pat your head?

Can you pat your knees, knees, knees?

How about your chin instead?

I can pat my stomach?

I can pat my head?

I can pat my knees, knees, knees?

And pat my chin instead?

Can you pat your elbows?

Can you pat your head?

Can you pat your nose, nose, nose?

How about your cheeks instead.

I can pat my elbows?

I can pat my head?

I can pat my nose, nose, nose?

And pat my cheeks instead



### Credits:

Angela Russ-Ayon

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Corita Ayon