

A decorative black floral border with intricate scrollwork and leaf patterns, framing the central text.

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**Positive
Affirmations**

Courtesy of
AbridgeClub.com

I live like Someone left the gate open	I don't COMPARE mySelf to others	I can do this	I live in the land of ABUNDANCE
I am led by my DREAMS	My hard work will PAY OFF	Eating healthy food fuels me	I will Seek HELP
I have the skills I need	My life Has MEANING	I am INTELLIGENT & CAPABLE	NOTHING will stand in my way
I am ENOUGH	When I make mistakes, I GROW	I am GRATEFUL for everything	I can reach my GOALS

I finish
what I
START

My failures
don't
DEFINE ME

I warm
the SOULS
of others

I am
building a
healthy body

I let go of
what I can't
CONTROL

I can
OVERCOME
anything

I choose
to be
HAPPY

I think
POSITIVE
thoughts

I can
learn
ANYTHING

I will
make myself
PROUD

I have
EARNED
this

I am where
I'm Supposed
to be

Nothing
else
matters

I am
STRONGER
than my fears

I am willing
to take a
RISK

I am
PREPARED

I have
EVERYTHING
I need

I can do this
by
MYSELF

My dreams
will come
TRUE

I am not
defined by
my past

I
LOOK
GOOD

I am
RICH
in friends

I am
LOVABLE

My needs
Are
IMPORTANT

I can
FORGIVE
and
MOVE ON

No one
will push my
BUTTONS

I am a
KIND & CARING
PERSON

I will
IGNORE
the
negatives

I am
CAPABLE
of
change

I am in
CONTROL of
my finances

My cup
is always
FULL

I am
filled with
OPTIMISM

I am
STRONG

Keep GOING

Keep TRYING

Escape
the
ORDINARY

I am NOT
what they
think

DON'T
give up

I listen
I learn
I grow

Just
START

I am
A
CHAMPION

I have
TRAINED
to win

Remain
CALM
no matter
what

Not
TODAY

I Smile
I Sparkle
I Shine

Anything
worth having
takes time

I am one
of a
KIND

Today
will be what
I MAKE it

I believe in
ME